# PSORIZIDE® FORTE AS A TREATMENT OPTION

If you are experiencing the symptoms of mild, moderate to severe psoriasis, seborrheic psoriasis, dyshidrotic hand/food eczema or chronic pruritic inflammatory dermatoses, it's important to talk to your doctor. Your doctor may suggest Psorizide<sup>®</sup> Forte as a treatment option.

Psorizide<sup>®</sup> Forte is an effective natural mineral oral prescription medication. Taken orally as prescribed by a doctor, it attacks psoriasis at its source, stimulating the body's own recovery response to promote skin wellness from the inside out.



- Dermatologist developed for his own patients
- Natural mineral ingredients
- Customized dosage dependent upon body weight for optimal results
- Steroid Free
- Safe for long term psoriasis treatment

Please see **www.plymouthpharmaceuticals.com** for Full Prescribing, Safety Information.



www.plymouthpharmacetucials.com Toll free: 844.566.2589 (Monday – Friday, 9 am to 6 pm EST) Fax: 440.542.0765 plymouthpharm@gmail.com

# TALK TO YOUR DOCTOR GUIDE - PSORIASIS

Partnering with your doctor is the first step toward clearer skin. It is important to track your symptoms and keep your doctor in the loop about how your Psoriasis is affecting you.

## CHECKLIST

Fill out this checklist every time you experience flares or other psoriasis discomfort. Keep a record. Look for patterns.

## SEVERITY OF OUTBREAK

Mild:	
Moderate:	
Severe:	

Off the charts:

#### **DIET FACTORS**

Alcohol:
Citrus fruits:
Condiments/ seasonings:
Corn & soy oils:
Dairy:
Egg yolks:
Fried food:
Glutern (rye/ wheat/ barley):
Processed/ junk food:
Peppers/ eggplants/ tomatoes:
Nuts:
Other: ENVIRONMENTAL TRIGGERS
Cold, dry weather:

Low	humidity/	drv	weather:	
		,		

Smoke	exposure:

Other:	

#### YOUR BODY

Drugs/medications:

Hot water bathing:

Infectios desease:

Skin injuries:

Smoking:

Stress:

Sunburns:

Skin care products:

Sore throat:

Other:

#### ВАСК

HOME FACTORS

Cold home:

Date:

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Low humidity/dry home:

Family members w/ infectious diseases:

Other:

# ADDITIONAL COMMENTS

This information is not intended to replace the advice and the examination of a physician.